

**J.S. UNIVERSITY**  
SHIKOHABAD, FIROZABAD  
फिरोजाबाद  
PIN-283135 (U.P.) INDIA  
Website: [www.jsu.ac.in](http://www.jsu.ac.in), [www.jsu.edu.in](http://www.jsu.edu.in)



जे.एस. विश्वविद्यालय  
फिरोजाबाद,  
पिन- 283135 (उ.प्र.) भारत  
E-mail: [jsuniversityshikohabad@gmail.com](mailto:jsuniversityshikohabad@gmail.com)

Established by the U.P. Govt. Act No. 7 of 2015  
Recognized by U.G.C. under section 2(f) of Act. 1956

Ref.: JSU/2017/BOS/01

Date: 13/3/17

### Minutes of Meeting of Board of Studies

The meeting of the Board of Study, Faculty of Education for B.P.Ed. Program was held on 13-03-2017.at 11:00 am Dean Office of Faculty of Education.

Members present in the meeting

SR.NO	MEMBER	SIGN
1	Dr. M.P. Gupta, Dean Faculty of Education /Convener	
2	Dr. Suneel Yadav, Assistant Professor, Physical Education, J.S. University, Shikohabad, Member	
3	Dr. Jaswant Assistant Professor, Assistant Professor, Physical Education Dr. B.R.A. University Agra EXTERNAL EXPERT	
4	Dr. Bharat Vishwakarma Assistant Professor, Assistant Professor, Physical Education A.P.S. University Rewa. EXTERNAL EXPERT	
5	Mr. Shailendra Singh, Assistant Professor Physical Education, J.S. University Shikohabad. Member.	
6	DR.P.P.SINGH , Dean Academic , J.S.University, Member	
7	Adnan Quasim, COE, J.S. University, Shikohabad, Member	

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### Meeting of Board of Studies

Agenda for 13-03-2017.

- (A) curriculum/new curriculum framework of B.P.Ed. Program
- (B) Discussion On Some New Course

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Members stressed that in accordance with the of curriculum was necessary. Accordingly following modifications or up gradation of existing curriculum were suggested and incorporated

## Semester - I

Part A: Theoretical Course						
Course Code	Title of the Papers	Total Hours	Credit	Internal Marks	External Marks	Total Marks
<b>Core Course</b>						
<b>BPED-101</b>	History, Principles and foundation of Physical Education	4	4	30	70	100
<b>BPED-102</b>	Anatomy and Physiology	4	4	30	70	100
<b>BPED-103</b>	Health Education and Environmental Studies	4	4	30	70	100
<b>BPED-104</b>	Officiating and Coaching	4	4	30	70	100
<b>Part-B Practical Course</b>						
<b>PC-101</b>	Track and Field (Running Events)	6	4	30	70	100
<b>PC-102</b>	Swimming/Gymnastics/ Shooting	6	4	30	70	100
<b>PC-103</b>	Indigenous Sports: Kabaddi / Malkhambh/ lezim / March past	6	4	30	70	100
<b>PC - 104</b>	Mass Demonstration Activities: Kho-Kho / dumbbells / tipri / wands / hoop /umbrella	6	4	30	70	100
<b>Total</b>		40	32	240	560	800

**Note:** Total Number of hours required to earn 4 credits for each Theory Course are 68-80 hours per semester whereas 102-120 hours for each Practicum Course.

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**Semester - II**

Part A: Theoretical Course						
Course Code	Title of the Papers	Total Hours	Credit	Internal Marks	External Marks	Total Marks
Core Course						
BPED-201	Yoga Education	4	4	30	70	100
BPED-202	Educational Technology and Methods of Teaching in Physical Education	4	4	30	70	100
BPED-203	Organization and Administration	4	4	30	70	100
BPED-204	Sports Nutrition and Weight Management	4	4	30	70	100
Part-B Practical Course						
PC-201	Track and Field (Jumping Events)	6	4	30	70	100
PC-202	Yoga/Aerobics/ Gymnastics/ Swimming	6	4	30	70	100
PC-203	Racket Sports: Badminton/ Table Tennis/ Squash/ Tennis	6	4	30	70	100
Part - C Teaching Practices						
TP - 201	Teaching Practices (05 lessons in class room teaching and 05 lessons in outdoor activities)	6	4	30	70	100
<b>Total</b>		40	32	240	560	800

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**Semester - III**

<b>Part A: Theoretical Course</b>						
Course Code	Title of the Papers	Total Hours	Credit	Internal Marks	External Marks	Total Marks
<b>Core Course</b>						
BPED-301	Sports Training	4	4	30	70	100
BPED-302	Computer Applications in Physical Education	4	4	30	70	100
BPED-303	Sports Psychology and Sociology	4	4	30	70	100
BPED-304	Sports Medicine	4	4	30	70	100
<b>Part-B Practical Course</b>						
PC-301	Track and Field (Throwing Events)	6	4	30	70	100
PC-302	Combative Sports: Martial Art/ Karate/ Judo/ Fencing/ Boxing/ Taekwondo/ Wrestling (Any two out of these)	6	4	30	70	100
PC-303	Team Games: Baseball/ Cricket/ Football/ Hockey/ Softball/ Volleyball/ Handball/ Basketball/ Netball (Any two of these)	6	4	30	70	100
<b>Part - C Teaching Practices</b>						
TP - 301	Teaching Practice: (Teaching Lesson Plans for Racket Sport/ Team Games/Indigenous Sports) (out of 10 lessons 5 internal and 5 external at practicing school)	6	4	30	70	100
<b>Total</b>		40	32	240	560	800

**Note:** Total Number of hours required to earn 4 credits for each Theory Course are 68-80 hours per semester whereas 102-120 hours for each Practicum Course.

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**Semester - IV**

Part A: Theoretical Course						
Course Code	Title of the Papers	Total Hours	Credit	Internal Marks	External Marks	Total Marks
Core Course						
BPED-401	Measurement and Evaluation in Physical Education	4	4	30	70	100
BPED-402	Kinesiology and Biomechanics	4	4	30	70	100
BPED-403	Research and Statistics in Physical Education	4	4	30	70	100
BPED-404	Sports Management					
Part-B Practical Course						
PC-401	Track and Field / Swimming / Gymnastics (Any one out of three)	6	4	30	70	100
PC-402	Kabaddi/ Kho-Kho/ Baseball/ Cricket/ Football/Hockey/Softball/ Volleyball/ Handball/ Basketball/ Netball/ Badminton/ Table Tennis/ Squash/ Tennis (Any Two of these)	6	4	30	70	100
Part - C Teaching Practices						
TP-401	Sports specialization: Coaching lessons Plans (One for Sports 5 lessons)	6	4	30	70	100
TP-402	Games specialization: Coaching lessons Plans (One for Games 5 lessons)	6	4	30	70	100
<b>Total</b>		40	32	240	560	800
		160	128	960	2240	3200

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The meeting ended with vote of thanks.

Dean Faculty of Education



Attachment-

- B.P.Ed. New Syllabus
- Regulation of B.P.Ed. Prog