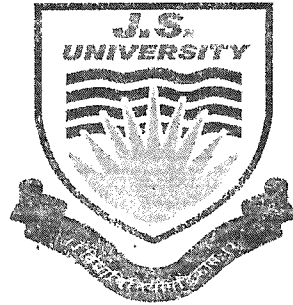


J.S. University, Shikohabad

Established by UP Govt. Act No. 07 of 2015


Recognized by U.G.C. under section 2 (f) of Act-1956



Value Added Course

(COUNSELLING SKILLS)

Faculty of Management

	J.S. University, Shikohabad	Value Added Course
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COUNSELLING SKILLS

Learning Outcome:

This course develops the verbal skill (communication skill) in the students and different legal concept.

Duration: 30 Hours.

Course Outcomes: -

After completion of the course the student shall be able to:-

1. Student will able to learn the setting of goals,
2. Student will able to find the ability in through e-counseling
3. Student will able to understand the concept negotiation.
4. Student can able to learn different counseling skill that is needed in practical life.
5. Able to understand legal part that necessary in an organization.



Syllabus Outline**Module I**

Counseling Psychology: Meaning, Goals and Stages Relationship between Counseling and Psychotherapy, Counselor Effectiveness, Ethics in Counseling.

Introduction

Module II

Overview of Approaches to Counseling. Psychodynamic, Behavioral, Person Centered, Cognitive-Behavioral approach, E-Counseling.

Approaches

Module 3 III

Counseling Process: Concept, Negotiating Expectations, Assessment. Establishing a Working Alliance. Ending Counseling, Middle Part of Counseling: Assimilation of Problematic experiences, Change Events, Using Structured Exercises and Interventions.

Counseling Process

Module IV


Family Counseling, School Counseling, Career Counseling, Counseling with economically Disadvantaged People. HIV-AIDS counseling

Applications

Module V

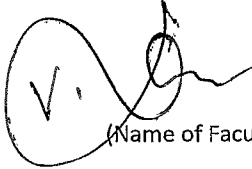
Need for Ethical Standards, Ethical Codes and Guidelines Rights of Clients, Dimensions of Confidentiality, Dual Relationships in Counseling Practices, The Counselor's Ethical and Legal Responsibilities, Ethical Issues in the Assessment Process.

Ethics in Counseling

	J.S. University, Shikohabad Faculty of MANAGMENT	Value Added Course
		AY: 2019 (ODD SEM)

References:-

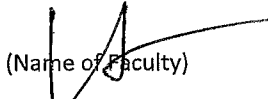
1. Cladding, S.T. (2012). Counseling: A Comprehensive Profession. (7th ed). Pearson.
2. Mc Lead. J_ (201[1]). An Introduction to Counselling. (3 ed), Mc Craw Hill Education



(Name of Faculty)

Course Coordinator

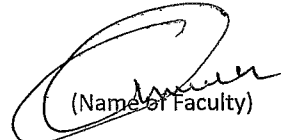
Vikash
Kumar
Shrivastava



(Name of Faculty)

Dean Academics

Dr. Akhilesh



(Name of Faculty)

Director/Principle/Dean of
Faculty/Department

Dr. Omkar