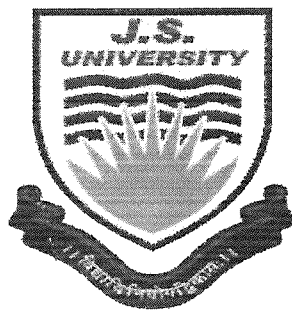


J.S. University, Shikohabad

Established by UP Govt. Act No. 07 of 2015


Recognized by U.G.C. under section 2 (f) of Act-1956



Value Added Course

(Human Values)

Faculty of Nursing

	J.S. University, Shikohabad Faculty of Nursing	Value Added Course
		AY: 2020-21

Human Values

Learning Outcome:


This Course will provide knowledge of Human Values

Duration: 30 Hours. (Theory and Practical)

Perquisites:

Assessment Criteria/ Award of certification:


Participants who secured 90% attendance and secured 80% marks in final quiz shall be awarded the completion of certificate

	J.S. University, Shikohabad Faculty of Nursing	Value Added Course
		AY: 2020-21

Course Objectives: -

Maximum Exposure has to be given on Practical Oriented After completion of the course the student shall be able to:-

1. Realize the need of values in our personal as well as social life.
2. Appreciate the values needed for peaceful society like democratic, secular, and socialist.
3. Able to make enlightened choices and decisions in life.

	J.S. University, Shikohabad	Value Added Course
	Faculty of Nursing	AY: 2020-21

Course Overview:

This course on Human Values

Unit	Content	Theory hours	Practical hours
Unit 1	Importance of Education of values in life	2 hours	
Unit 2	Basic moral values	2 hours	
Unit 3	Discipline	1 hour	1 hour
Unit 4	Healthy friendship	1 hour	1 hour
Unit 5	Civic Sense and traffic rules	1 hour	1 hour
Unit 6	Self awareness and self esteem	1 hour	1 hour
Unit 7	Positive mental attitude	1 hour	1 hour
Unit 8	Corruption : A social evil	2 hours	1 hour
Unit 9	Professional etiquette	1 hour	1 hour
Unit 10	Time management and punctuality	1 hour	2 hour
Unit 11	Patriotism	1 hour	1 hour
Unit 12	Respect for life	2 hours	1 hour
Unit 13	Internet and its addiction	2 hours	1 hour

Theory-18 hrs
Practical-12 hrs

Human Values

Unit I: Education and Values

- Definition, Concept and Sources of values
- Aims and objectives of value education
- Role and Need for value education in the contemporary society □
- Role of education in transformation of values in society
- Role of parents, teachers, society, peer group and mass media in fostering values

Unit II: Basic moral values

- Compassion
- Service
- Honesty
- Patience and Perseverance
- Loyalty
- Charity
- Kindness
- Forgiveness and cooperation
- Generosity
- Respect for self and others
- Responsibility

Unit III: Discipline

- Disciplinary values
- Importance of discipline
- Developing self discipline

Unit IV: Healthy friendship

- Meaning
- Qualities of good relationship
- How to develop healthy friendship
- Maintaining good friendship
- Obstacles to stable friendship

Unit V: Civic Sense and traffic rules

- Meaning
- Social ethics-need of the hour
- Civic sense in our country
- Good citizenship
- Swachh Bharat Mission
- Traffic rules: According to Karnataka Transport Department.

Unit VI: Self awareness and self esteem

- Meaning of self awareness
- Steps of self awareness
- Self esteem-meaning
- Characteristics of a person with good self esteem
- Positive signs of self esteem.

Unit VII: Positive mental attitude

- Meaning
- Strategies to develop positive mental attitude
- List of positive attitudes

Positive attitude: A key to success

Unit VIII: Corruption: A social evil

- Meaning
- Types of corruption
- Factors contributing to corruption in India
- Impact of corruption
- Anticorruption efforts
- Ways to eradicate corruption.

Unit IX: Professional etiquette

- Importance of good behavior in the society
- Good manners at home
- Good eating and table manners
- Good manners in public gatherings, meetings, interviews

Unit X: Time management and punctuality

- Benefits of time management
- Obstacles to effective time management
- Measures for effective time management.

Unit XI: Patriotism

- Meaning
- Symbols of the country
- Difference between patriotism and nationalism
- Patriotism in India
- Characteristics of a good patriot
- Developing patriotism

Unit XII: Respect for life


- Healthy self love
- Principles for life
- Standing up for your beliefs
- Respecting the rules
- Honouring the parents
- Enhancing self


Unit XIII: Internet and its addictions

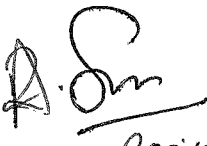
- Healthy use of internet
- Effect of social media in personal life and effect on relationship.

References

1. Becoming human-value education series, Mr Cyril
2. Values for Christian nurses. Fr Cyriac Vally
3. <https://www.civilserviceindia.com/subject/General-Studies/notes/human-values.html>


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