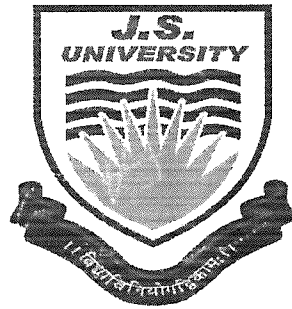


J.S. University, Shikohabad

Established by UP Govt. Act No. 07 of 2015


Recognized by U.G.C. under section 2 (f) of Act-1956



Value Added Course

(Career Counselling and Guidance)

Faculty of Education

	J.S. University, Shikohabad Faculty of education	Value Added Course
		AY: 2022-23

Learning Outcome:

This Course will know about career counselling

Duration: 30 Hours. (Theory and Practical)

Course Outcomes: -

Maximum Exposure has to be given on Practical Oriented

After completion of the course the student shall be able to:-

- 1 Students should able to Identify and reflect their career and lifestyle preferences
- 2 Students Learn what they can offer the world of work and what it can offer them
- 3 Students and Think broadly about career options and patterns of work
- 4 Students Learn about actions they can take to start a career and to enter the job market after obtaining their degree



J.S. University, Shikohabad
Faculty of Education

Value Added Course

AY: 2022-22

Syllabus Outline

MODULE I:

Guidance and Counselling

Guidance: Definition, Objectives, and principles; Areas of Guidance: Education, vocation, Avocation, social, Health, moral and personal. Counselling: Definition, Objectives, goals, scope, need, characteristics, Principles and functions; Difference between guidance and counselling.

MODULE II:

Stages of Counselling

The Six stages of Counseling Process Relationship building (Micro skills in counseling), Assessment & diagnosis, Formulation of counseling goals, Intervention & Problem solving, Termination & Follow up Overview, Ethics and Confidentiality. Principles of guidance, Self development, Universal, individual differences, continuous process and other principles

MODULE III:

Skills in Counseling

Skills in Counseling: Macro skills: Communication, Training, Human Assessment/ Diagnostic, MetaCommunication, Paralinguistic, Non-Verbal Communication and Rapport, Questioning, Observational Skills, Basic Listening Sequence, Interpretation and Reframing

MODULE IV:


History Taking & Mental State Examination

History taking, Identifying data, Chief complaint, History of present illness, past illness, Family history, Personal history– prenatal & perinatal, early childhood (birth through age), Middle childhood, Late childhood, Adulthood, Sexual history, Fantasies & dreams, Values

MODULE V

Interviewing of Patients

Insight & Symptom-oriented Interviewing, The Four Components, The Multiphasic Approach, Disorder Specific Interviewing, and Common Interview Techniques

	J.S. University, Shikohabad Faculty of Education	Value Added Course
		AY: 2022-22

References:-

Reference Books:

- 1 the Gibson L Robert & Mitchell H Marianne - (6 edition) -(2003)
- 2 Introduction to counseling and guidance – Pearson Education , Inc. Frank S Freeman -(1971)
- 3 Theory and Practice of Psychological Testing-Oxford & IBH Publishing Co. New Delhi. Edited by Rocio Fernandez - Ballesteros- (2003) Encyclopedia of Psychological Assessment
- 4 New Delhi: Sage Publications. Herr E. L and Cramer S. H - (III Edition) - (1988)
- 5 Career Guidance And Counseling through the life span, Systematic Approaches - Scott, Freeman and Co, London.


(Name of Faculty)

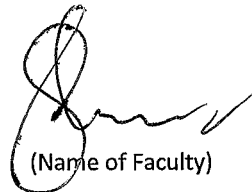
Course Coordinator

Mrs. Suman
Yadav


(Name of Faculty)

Dean Academics

Dr. Akhilata


(Name of Faculty)

Director/Principle/Dean of
Faculty/Department

Dr. Shivkant