

**J.S.UNIVERSITY,SHIKOHABAD,FIROZABAD,U.P**

**Department: Pharmacy**

**Value Added Course**

**Professional Career Counselling**

**(VAC-182)**

DURATION OF COURSE: 30 HOURS

TIME: 3 HOURS IN A WEEK

**Unit-1**

**(6 Hours)**

Guidance definition, nature and scope, need, objectives, principles, basic assumptions of guidance and education guidance and counselling functions, types of guidance, major areas of guidance.

**Unit-2**

**(6 Hours)**

Counselling definition, essential elements of counselling, characteristics, aims and objectives of counselling, difference between counselling and psychotherapy, teaching and advice techniques of counselling, levels of counseling.

**Unit-3**

**(6 Hours)**

Career counselling definition, nature and scope, importance & types of career counselling with diverse population, career counselling with college students, career counselling for adults career counselling for women ethics of career counseling.

**Unit-4**

**(6 Hours)**

Career counselling services in colleges, orientation programs, pupil information services, inventory services, educational and occupational guidance services - group guidance services, counselling & support services, placement services, follow-up services, role counsellor in schools.

**Unit-5**

**(6 Hours)**

Career maturity, concept of career maturity, meaning, definition, significance, characteristics & dimensions, factors influencing career maturity and implications for career counselling.

**Practical:** Colleges awareness programme on career counselling viz. Conducting Career Talk, Career Awareness, Career Day and Career Exhibition.

**References:**

1. Gideon Arulnagmani. (2004) - Career Counselling A Handbook - Tata Mc -Graw Hill Publishing Company Limited, New Delhi.
2. Gibson.L.Robert & Mitchell. (2008) - Introduction to Counselling and Guidance - prentice hall of india New Delhi.
3. Cramer.L Herr. & Niles. G. Spencer. (2004) - Career Counselling, A Systematic Approach - Pearson Inc.
4. Jennifer M Kidd. (2006) - Understanding Career Counselling – Theory, Research and Practice - Sage Publiciation,
5. Dr.Dalaganjan Naik. (2004) - Fundamentals of Guidance and Counselling – Adhyayan Publishers and Distributors, Delhi.
6. S S Chauhan. Second Revised Edition - Principles and Techniques of Guidance- Vikas Publishing House Pvt Ltd.
7. S Narayana Rao. (2002)- Counselling and Guidance (2nd Edition). Tata McGraw Hill Publishing Company Limited, New Delh.

Name of Course Coordinator

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